RED SLING (Recommended ~1-2 Years of Training)

* Must already have an Orange Sling Certification
* Must be able to perform all of the following tricks:
  + Double Aerial
  + Double Side Toss
  + Hell’s Whip
  + OTH Single Spin
  + Single BTB Flow Catch or higher (any variant)
  + Foot Stop or BTB Foot Stop
  + Right-Handed Drag
* Must also be able to perform 3 tricks of your choice from the following list:
  + Shoulder Roll from Half Beat
  + Scorpion Toss
  + Underarm Crank
  + Double Right Shoulder Toss
  + Back Ninja
  + Single Side Toss BTB Flow Catch OR Single Side Toss Ike Catch